



THE SACRED HEART OF CROYDON

26 January 2020

3rd SUNDAY in ORDINARY TIME



Sacred Heart Parish Croydon
on "Monastery Hill"

50 Monastery Drive
(PO Box 573)

Croydon VIC 3136

ABN 16 466 703 758

☎ 9724 4888

✉ contact@sacredheartcroydon.org

🌐 www.sacredheartcroydon.org

Parish Office Hours

Monday, Tuesday, Thursday and Friday
9.00am - 3.30 pm. Closed on Wednesdays.

Parish Priest

Fr. Len Size

Assistant Priest

Fr. Maria Raju Godavarthi

Parish Secretary

Mrs. Lynn Kuczera

Sacred Heart Primary School

Principal: Mr. Brian Grace

E: principal@shcroydon.catholic.edu.au

P: 9724 4333 W: www.shcroydon.com

Sacrament of Baptism

Baptism will be celebrated by appointment following a Baptism Preparation Program.

Sacrament of Marriage

By appointment with at least 6 months notice.

Sacred Heart Retreat Centre

For Bookings

Contact Robby on 0422 189 329

St. Vincent de Paul

If assistance is required, contact St. Vincent de Paul: 1800 305 330 (Free Call)

Care Group

Maree Minogue: 0402 310 617

Young at Heart Club

Lorna Nardella 9723 2198

Seniors Group

Wilma De Jong 0488 776 294

Catholic Women's League

Christine Koelewyn 9725 4318

Choir

Faye Hewitt 9723 6089

Please consider the environment when you are finished with this publication



monasteryhill



Weekend Mass Times: Saturday Vigil 6.00 pm, Neocatechumenal Mass 7.30pm, Sunday 8.15am and 10.15am
Weekday Masses: Tuesday to Saturday: 9.30 am (Note: on 2nd Thursday monthly Seniors Mass is at 10:30am, this Mass replaces the 9.30 am Mass)
Sacrament of Penance and Reconciliation: Friday after 9.30 am Mass and Saturday 5.30 pm until 6.00 pm

WEEKLY CALENDAR 2019

Monday 27 January

Weekday, Ordinary Time

9.00 am Rosary
9.30 am Communion

Tuesday 28 January

St. Thomas Aquinas - Memorial

9.00 am Rosary
9.30 am Mass

Wednesday 29 January

Weekday, Ordinary Time

School begins for Term 1

9.00 am Rosary
9.30 am Mass

Thursday 30 January

Weekday, Ordinary Time

9.00 am Rosary
9.30 am Mass

Friday 31 January

St. John Bosco - Memorial

9.00 am Rosary
9.30 am Mass

Saturday 1 February

Weekday, Ordinary Time

6.00 pm Vigil Mass preceded by Reconciliation from 5.30 pm
7.30 pm Neocatechumenal Mass

Sunday 2 February

The PRESENTATION of the LORD

8.15 am Mass
10.15 am Mass, followed by tea and coffee

Next week's Readings:

The PRESENTATION of the LORD

Malachi 3:1-4; Heb 2:14-18; Lk 2:22-40

Next week Readers:

There is no roster until February, until then it is on a volunteer basis, please put your name down on the list if you are available.



Please pray for:

We pray for all who are sick, especially **Lucy Horgan, Beryl Clark,** .
We pray for those parishioners that are unable to be among us this weekend, for those who have died recently, and for whose anniversary occurs at this time.



Baptisms

There will not be any Baptisms during December and January. Any queries, please contact the parish office.

The parish office will re-open on Monday 3rd February.

Magnificat Prayer Group

Will return on 3rd February.

PIETY STALL

We have children’s Bibles, First Bibles, Baptism, Reconciliation, Communion, Confirmation, Wedding and Anniversary items all for sale at great prices! We also have ‘Family’ and ‘Mr & Mrs’ lanterns, Noah’s Ark jumbo floor puzzles and ‘Thinking of you’ plaques.

Your mind matters when it comes to worry

Jesus gave his disciples a clear directive about anxiety. He didn’t say, “You guys should really think about relaxing a little bit,” or “try not to worry too much about that thing coming up that has huge consequences for your life.” He said, “ Do not be anxious about the things of your life.” (Mt. 6:25)

As Catholics, we take the words of Christ pretty seriously. Yet, when Jesus said, “do not be anxious about anything in our life.”

The truth is, he really meant it. He gives us the key to this mystery a bit further down in Matthew 6 when he says to look at the way the Father provides for the birds and the flowers. He makes the point that they don’t worry about where their food comes from or “ow they are arrayed”, and they are well taken care of.

We can see the effect of this stress in the way our minds run away with themselves. Our minds start to wander - sometimes frantically - about some mistake we’ve made in the past or some problem we want to

avoid in the future, or maybe some interpretation of something going on in the present. We can get lost in these thoughts for 20 minutes without realising it, and sometimes in extreme cases even for hours! This is not what God wants for us, it is not how he created us to live, and it is not the best we can hope for.

Mindfulness is a secular technique that simply teaches people how their brains work and how to get control of their racing thought. These exercised can be taught and practiced, however, in a very Catholic way. If we believe we can trust the Father, we can use mindfulness as a tool to intentionally move our minds on a path set by our faith.

Trusting that the Father will provide for us is the key to not being anxious. There is a direct correlation between the amount we trust, and the amount we stress.

Taken from Frankly Magazine



The Magic of a Laugh

A laugh is just like sunshine—
It freshens all the day,
It tips the peak of life with light
And drives the clouds away.

The soul grows glad that hears it
And feels its courage strong;
A laugh is just like sunshine
For cheering folks along.

A laugh is just like music;

It lingers in the heart,
And where its melody is heart
The ills of life depart.

And happy thoughts come crowding
Its joyful notes to greet:
A laugh is just like music
For making living sweet.

Author Unknown

PRAYER OF THE SACRED HEART PARISH, CROYDON

Sacred Heart of Jesus be with us and send us wisdom through the Holy Spirit to guide our decisions and actions, so that we may do our part in the building of the Kingdom of God. May we reflect to all the loving care of God our Father. May we grow in the likeness of you the Son who came to serve and give your life for all. May Mary, our Mother, and our special Patrons, St. Edmund and St. Francis de Sales plead on our behalf to the Father, through You the Son in the Holy Spirit. Amen.

VISION STATEMENT :

“Sacred Heart Parish is a joyful Catholic community in which, with the aid of the Holy Spirit, the love of Christ is offered through worship, sacraments, education, pastoral and charitable outreach and the lived witness of Gospel values in order to nurture, sustain and support the growth of the Catholic faith in Croydon and beyond.”

Privacy in 2001 the Commonwealth and Victorian Governments introduced legislation that deals with the manner in which public and private sector organisations may record, use, store and disclose information, including health information collected from individuals. This parish is committed to upholding and implementing the Privacy Principles set out in the legislation.

The Sacred Heart Parish of Croydon, along with the ARCHDIOCESE of Melbourne, is committed to the safety, wellbeing and dignity of all children and vulnerable adults.